



UIL Response to Covid-19 & BISD Pre-Participation Requirements for 2020-21

In response to the COVID-19 outbreak, UIL has modified the requirements for students who are involved in extracurricular activities to the following:

- All **incoming 7th graders** who are interested in athletics **are required** to get a physical.
- All **incoming 9th graders** who are interested in **band** **are required to get a physical unless they currently have one on file with the district.**
- All students who **did not** have a physical on file during the **2019-2020** school year **are required to get a physical.**
- All students who have a physical for the **2019-2020** school year are **only required to complete a medical history form.**
- The medical history form can be found on the UIL Texas website by clicking the link below or you can find it as well as DragonFly instructions on the bbearsports.com website under forms.

https://www.uiltexas.org/files/athletics/forms/PrePhysFormRvsd4_24_20.pdf

BISD additional requirements for UIL extracurricular activities for the 2020-21 school year.

BHS (band, athletics, cheer, Golden Girls): Everyone must complete the 2020-21 DragonFly forms.

BJH (athletics, cheer): Everyone must complete the 2020-21 DragonFly forms.

All physicals, medical history forms and DragonFly accounts must be completed and received by no later than the first day of practice.

Submitting your forms: Medical history forms may be done online by clicking the link above and submitted to the athletic trainers via email. IF you are able to scan and email physicals you may do so. This is the preferred method. If not you may turn in, in person at a later time to be determined or fax them to 903-852-6751 Attn: Athletic Trainer.

If you have any questions please contact Jason Thomas, Head Athletic Trainer via email at thomasj@gobearsgo.net

Thank you